





Bar Bender and Fixer

Safety Starts With Me

> Use of steel bar cutting machine / steel bar bending machine

- 1. Keep the working area of steel bar cutting machine and steel bar bending machine clean and tidy to prevent tripping hazards.
- 2. To ensure only associated workers are staying in the operation area before work.
- 3. Check the emergency stop button and contactor of steel bar cutting/ bending machine before work to ensure they can operate properly.
- 4. When bending the steel bar, ensure that it is tightly secured to prevent rebound.
- 5. The steel cutting / bending machine shall be equipped with suitable machine guards to avoid contact with the dangerous parts of the machine during operation.

Work at height

- 1. Use suitable working platforms instead of ladders for work.
- 2. Do not stand on or clamp in the timber block between columns or walls to fix the high-level steel bars for convenience purposes.
- 3. Do not dismantle the scaffolding parts (e.g. working platform guardrails for column work) for convenience purposes.

Lifting works

- 1. The lifting zone shall be properly fenced off (e.g. with fences or roadblocks), and appropriate warning signage shall be displayed.
- 2. Material containers shall be used to lift loose materials (e.g. "stirrup").
- 3. Avoid lifting steel bars of varying length at the same time.
- 4. When lifting steel bars, they should be rigged and secured by method of double wrap choker hitch, while the sling angle shall be within 90 degrees.
- 5. During lifting operation, use a guide rope (tagline) to stabilize materials being lifted.

Manual handling

- 1. Better use mechanical equipment to assist in transporting and handling steel bars instead of manual handling.
- 2. Better select a path with the shortest distance with free access to avoid the tripping hazard.
- 3. Apply a correct manual handling posture and method.





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